



...going one step further

P57



Thank you for choosing a 3B Scientific® product. Please read the user manual carefully before using the unit to ensure a flawless operation and to enable you to work in a satisfactory way with this product.

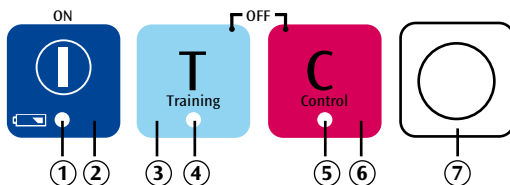
Table of contents:

1. Quick Instructions	3	5. General safety precautions	8
1.1 Turning the unit on	3	6. Frequently asked questions (FAQ's)	8
1.2 T button / C button	3	6.1 The battery indicator is flashing. After turning the unit on again, the indicator is off. But why does it then light up again?	8
1.3 Matrix of the result indicator	4	6.2 Why can't the injection simulator be turned on again after prolonged storage?	8
1.4 Turning the unit off	4	6.3 Which types of batteries are recommended for the injection simulator?	8
2. Getting started and operation	4	6.4 Can I also operate the injection simulator with rechargeable batteries?	8
2.1 Accessories	4	7. Transport and packaging	8
2.2 Some preliminary remarks	4	8. Maintenance	8
2.3 Power supply	4	8.1 Care instructions	8
2.4 Inserting and removing the batteries	4	8.2 Exchanging the silicone skin	8
3. Working with the P57	6	8.3 Warranty	11
3.1 Operation	6	8.4 Request for replacement parts	11
3.1.1 Layout of the display	6		
3.1.2 Turning the unit on and off	6		
3.1.3 Training mode (T button)	6		
3.1.4 Control mode (C button)	6		
3.2 Administering an intramuscular (i.m.) injection into the buttock musculature	7		
3.2.1 Administering ventrogluteal injections using the 'A. von Hochstetter' method	7		
3.2.2 Disinfection of the skin	7		
4. Operation and storage	7		
4.1 Tabletop operation	7		
4.2 Storage	7		

Intramuscular Injection Simulator-Buttock

1. Quick Instructions


- ① Status light (red LED) for battery
- ② Start button
- ③ T button (training mode)
- ④ Status indicator (yellow LED) for T button
- ⑤ Status indicator (yellow LED) for C button
- ⑥ C button (control mode)
- ⑦ Result indicator (red and green LED)



1.1 Turning the unit ON

Before using the unit for the first time please insert the supplied batteries (2x AA), (see p. 4/ 2.4).

Info: Status light (battery)	→	is off	→	battery is okay
Status light (battery)	→	shows solid red	→	battery is running low
Status light (battery)	→	flashes red	→	please exchange battery

-  Press the Start button. All LEDs will now light up for the functional control phase. When the Status indicator (for the T button) lights up this is a signal that the unit is ready for operation (see p. 6/ 3.1.2).

Error message

Failing to connect the buttock to the control unit or to place the foam core correctly on the bone (e.g. because the buttock formation is dispersed), results in an error message in the form of a triple bleep. After this, the result indicator flashes red and green alternately.

1.2 T button / C button

You can select either the training mode or the control mode. Please press the T button for the training mode and the C button for the control mode.

- T** In the training mode (T button), you will immediately receive feedback as follows while administering the injection:
- positive feedback (result indicator (LED green) when you have performed the injection into the muscle correctly,
 - negative feedback (result indicator (LED red) + acoustic signal) when you hit the bone.
- C** In the control mode (C button) you will receive no feedback while performing an injection into the muscle. The result will be saved and you have to press the C button again to check whether you have carried out the intramuscular injection correctly or incorrectly. You will receive
- positive feedback (result indicator (LED green)) when you have performed the intramuscular injection correctly,
 - negative feedback (result indicator (LED red)) when you have performed the injection incorrectly. When you hit the bone while injecting, you will immediately receive negative feedback (result indicator (LED red) + acoustic signal).

1.3 Matrix of the result indicator

	Result indicator (training mode)	Result indicator (control mode)
Correct injection/site	green	green
Incorrect injection/site	no signal	red
Not deep enough	no signal	red
Injection into the bone	red	red

1.4 Turning the unit OFF

The unit automatically switches off when it has not been used for a period of two minutes, or can be manually turned off by simultaneously pressing the T button and the C button.

2 Getting started and operation

2.1 Accessories

- P57 Injection simulator (buttock), (foam) muscle and silicone skin preassembled
- Disposable 5 ml syringe
- Injection cannula for intramuscular injections
- 2 AA batteries
- Control unit
- Connecting cable (control unit / simulator)

2.2 Some preliminary remarks

- Place the supplied batteries into the P57 Injection Simulator before first usage. (see 2.4 Inserting the batteries)
- Please use only the (rechargeable or non-rechargeable) batteries for the P57 Injection Simulator recommended on page 8 (section 6.3).
- When inserting the batteries, please ensure correct polarity! Incorrectly inserted batteries may damage the unit!
- The skin of the 3B Scientific injectable buttock is made of an elastic material (silicone). After prolonged usage and repeated punctures in the same area it may become necessary to substitute the skin with a replacement skin. Injections into the simulator should only be performed using cannula gauges (20 and 21 gauge /0.8, 4 cm long, syringe).

2.3 Power supply

The P57 Injection Simulator is supplied with two 1.5 V, type AA/LR6 alkaline manganese batteries. These enable an operating time of up to 20 hours. This period may vary depending on the type of batteries used.

2.4. Inserting and replacing the batteries

Remove the cap of the battery compartment at the back of the control unit by sliding it downwards. Then insert the supplied AA batteries, ensuring correct polarity (see p. 5, figs. 1 and 2).

Intramuscular Injection Simulator-Buttock



fig. 1



fig. 2



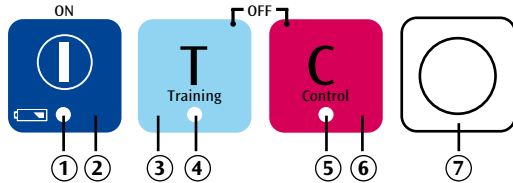
fig. 3

3 Working with the P57

3.1 Operation


3.1.1 Layout of the display

- ① Status light (red LED) for battery
- ② Start button
- ③ T button (training mode)
- ④ Status indicator (yellow LED) for T button
- ⑤ Status indicator (red LED) for C button
- ⑥ C button (control mode)
- ⑦ Result indicator (red and green LED)



3.1.2 Turning the unit ON and OFF

Turning ON

- Plug the cable into the control unit and the simulator (see p. 5 / fig. 3)
- Press the Start button. 
- All LEDs will now flash five times to confirm functionality.
If not, please check if the batteries have been inserted correctly and, if necessary, replace them with new batteries or fully recharged batteries. If individual LEDs should not light up, please contact your dealer's customer service.
- After the function test, the unit will automatically switch into training mode. This is confirmed by the yellow status indicator for training mode.

Error message

Failing to connect the buttock to the control unit or to place the foam core correctly on the bone (e.g. because the buttock formation is dispersed), results in an error message in the form of a triple bleep. After this, the result indicator flashes red and green alternately.

Turning OFF

- The P57 Injection Simulator automatically turns off when it has not been used for a period of two minutes.
- However, it can also be manually switched off by pressing **T** + **C** simultaneously.
During prolonged periods of non-usage, please remove the batteries from the battery compartment. This is to prevent any leaking batteries from causing damage to the unit.

3.1.3 Training mode (T button)


- Press the T button **T**.
- The yellow status indicator next to the T button lights up.
- Now administer the injection.
- You will receive immediate feedback as follows while performing the injection
 - positive feedback (result indicator (LED green)) when you have performed the intramuscular injection correctly,
 - negative feedback (result indicator (LED red) + acoustic signal) when you hit the bone.
 - When performing the injection at incorrect sites or not deep enough, no result will be indicated.
- To perform another injection in the training mode, please press the T button **T** again.

3.1.4 Control mode (C button)

- Press the C button **C**.
- The yellow status indicator next to the C button lights up.

- Now administer the injection.
- The information whether the site and depth of the injection have been selected correctly is now temporarily saved by the unit, but not yet displayed.
- After completing the injection, press the C button once more to indicate the result. The yellow status indicator next to the C button will flash during this process.

You will receive

- positive feedback (result indicator (LED green)) when you have performed the injection into the muscle correctly (correct site and correct depth),
- negative feedback (result indicator (LED red)) when you have performed the injection incorrectly (at wrong sites and/or not deep enough).
- When hitting a bone during the injection you will receive immediate negative feedback (result indicator (LED red) + acoustic signal).
- To perform another injection in the control mode please press the C button  again.

3.2 Administering an intramuscular (i.m.) injection into the buttock musculature

3.2.1 Administering ventrogluteal injections using the 'A. von Hochstetter' method

A relatively safe method for intramuscular injections in the buttock region is the 'A. von Hochstetter' method. The injection is administered into the gluteus medius muscle, or into the gluteus minimus muscle located underneath.

The injection can be administered with the patient either in the supine or lateral position. Anatomical landmarks are (1) the greater trochanter, (2) the anterior iliac spine, and (3) the iliac crest. These are easily palpable bony landmarks.

To locate the injection site, spread the index and middle fingers apart as far as possible. Palpate the anterior iliac spine with the tip of the index or middle finger located ventrally (depending on the side of the body). Palpate the iliac crest with the other (abducted) finger. Then rotate this finger approx. 2 cm downward, while the other finger remains on the anterior iliac spine. As a result of the rotation, the ball of the hand should rest on the great trochanter. The lower part of the triangle now formed by the index and middle fingers is the injection site.

Disinfect the injection site and insert the needle perpendicularly, i.e. at a 90° angle to the body surface. Before injecting, aspirate by pulling back on the plunger of the syringe to avoid inadvertent vessel puncturing. Now start injecting, making sure that the needle is protected against any change of position. When finished, remove the needle and compress the injection site with a sterile pad.

3.2.2 Disinfection of the skin

Please use only normal tap water to disinfect the skin, since ordinary disinfectants may damage the materials of the model.

4. Operation & storage

4.1 Tabletop operation

Position the injection simulator on a level and non-slippery surface.

4.2 Storage

- The injection simulator is best stored at a dry place at room temperature.
- Do not expose the injection simulator to direct sunlight, since heat over 45°C may cause the material to deform or become brittle.
- When the injection simulator is not used for a prolonged period of time, it is recommended to remove the batteries.

5. General safety precautions

- Keep out of the reach of children!
- Do not recharge batteries (LR6) under any circumstances! Risk of Explosion!
- Empty batteries must be disposed of in accordance with the national requirements!
- Environment: components must be disposed of in accordance with the relevant national environment regulations concerning the decommissioning and final disposal of the unit.
- Recharge batteries only with a suitable charging set.
- Do not use any powerful chemicals to clean the unit, since these may cause damage to the materials of the model.

6. Frequently asked questions (FAQs)

6.1 The battery indicator is flashing. After turning the unit on again, the indicator is off. But why does it then light up again?

This may happen when batteries of different capacities are used. In this case, please replace the batteries with new ones. **Tip:** As a rule, only use batteries of the same type, the same capacity, the same age and the same manufacturer. Mark "matching" batteries accordingly.

6.2 Why can't the injection simulator be turned on again after prolonged storage?

Rechargeable batteries are subject to self-discharge, even while the unit is turned off. Self-discharge is approximately 20% per month. Even disposable batteries run down slightly while the injection simulator is turned off. **Tip:** Remove the batteries from the battery compartment when not using the unit for a prolonged period of time. This is to prevent that any leaking batteries cause damage to the unit. After the injection simulator has not been used for a prolonged period of time, only insert freshly recharged batteries or new batteries into the unit.

6.3 Which types of batteries are recommended for the injection simulator?

We recommend the use of alkaline manganese batteries (type AA batteries or LR6). Zinc carbon batteries should not be used.

6.4 Can I also operate the injection simulator with rechargeable batteries?

Yes, you can use Ni-MH (nickel metal hydride) or Ni-Cd (nickel cadmium) rechargeable batteries. You will achieve a substantially longer operation time with Ni-MH batteries than with Ni-Cd batteries. **Tip:** Use batteries of the same type, age and manufacturer only.

7. Transport and packaging

Please check the shipping and product packaging for any damage. In case of transport damage, please contact your dealer. Please keep the original packaging. This special packaging is the best protection for your valuable product during transport.

8. Maintenance

8.1 Care instructions

The silicone skin of the injection simulator can be cleaned with a mild soap solution. Please do not use any detergents containing solvents, as these will damage the silicone skin.

8.2. Exchanging the silicone skin

Lift the silicone skin up on one side of the injection simulator and then pull it up on the left and the right until it is completely detached from the frame (see p. 9/figs. 4 + 5).

Attention: Please make sure that the (foam) muscle is not detached from the underlying bone during this process. The silicone skin can now be easily removed and exchanged with a replacement skin (see p. 10/figs. 6). The old silicone skin can be disposed of with normal household waste.



fig. 4



fig. 5



fig. 6

8.3 Warranty

The warranty period for the injection simulator is 36 months from the invoice date and shall include engineering, material and manufacturing defects and the electronic functions of the unit, provided that the unit has been subjected to normal usage and appropriate maintenance. The warranty shall not cover parts subject to wear, such as silicone skin, foam core, injection cannula, disposable syringe and batteries. Within the scope of the warranty claim, 3B Scientific shall not be obliged to pay compensation for damage caused in the context of or as a consequence of non-authorized persons carrying out or attempting repairs, modifications or changes, or when the product or any part of it has been damaged by an accident, unintended usage or misuse.

8.4 Request for replacement parts

- Silicone skin (XP302)

In case of a complaint, please indicate the serial number located at the center of the bottom of the base housing under the felt cover of the injection simulator.





3B SCIENTIFIC® PRODUCTS

3B Scientific GmbH

Rudorffweg 8 • 21031 Hamburg • Germany

Tel.: + 49-40-73966-0 • Fax: + 49-40-73966-100

www.3bscientific.com • 3b@3bscientific.com

© Copyright 2007 for instruction manual and design of product:
3B Scientific GmbH, Germany